



Serenity & Balance

Complementary Therapy Services Provider & Teaching Services
MOBILE SERVICE & CLINIC

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TREATMENT LIST

FOR

Mobile Service to your: HOME & PAMPER PARTY SERVICE (Incl. Manicures & Pedicures)

****CORPORATE SERVICE – Wellbeing at Work – Corporate Hospitality**

*****(please enquire about our 'at work' treatment menu)***

SPECIAL OFFER (for at HOME SERVICE):

Pre-Pay for x5 treatment sessions and RECEIVE the 6th session FREE

(N.B. treatments must be used within 12 weeks)

<u>Treatment</u>	<u>Duration</u>	<u>Cost</u>
<u>Massage & pregnancy massage</u>	1 hour	<u>£70</u>
	1 hour 30 mins	<u>£100</u>
	2 hours	<u>£130</u>
<u>Reflexology & pregnancy reflexology</u>	1 hour	<u>£70</u>
	1 hour 30 mins	<u>£100</u>
	2 hours	<u>£130</u>
<u>Reiki Healing</u>	1 hour	<u>£70</u>
	1 hour 30 mins	<u>£100</u>
	2 hours	<u>£130</u>
<u>Indian Head Massage</u>	<u>30 mins</u>	<u>£35</u>

PLEASE NOTE MINIMUM BOOKING TIME IS 1 HOUR

GIFT VOUCHERS ARE AVAILABLE

Why not try

A 1 hr Massage combined with a 30 Minute Indian Head Massage and have included a fantastic, detoxifying and rejuvenating facial massage.

OR

Reflexology session combined with an Indian Head Massage. Just by working on the feet your whole body will be de-stressed and re-balanced and then your shoulders, neck and scalp will be deeply kneaded, soothed and relaxed.

For more information on each treatment and their benefits, please visit the website www.serenityandbalance.com

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